

Revive

Equipping Lay Leaders to
be Spiritual Leaders

“I have never experienced
anything like it.
It was transformational!”

Revive is a discipleship program to help active lay leaders—wardens, property and finance officers, committee chairs, vestry members, church school teachers, youth ministers, pastoral visitors, and liturgical ministers—grow in confidence as spiritual leaders.

Revive is about transformation through spiritual formation. In just 10 months, this small-group program transforms leaders of practical church ministry into confident spiritual leaders who love God and participate in Christ’s ministry.

This program is offered as a gift of thanks for the dedicated service of those lay people who work so hard for their church.



Revive is About

- Developing a deeper relationship with God & others
- Transforming the spiritual experience
- Being fed spiritually
- Gaining confidence in serving in Jesus’ ministry

The Program Involves

- An opening and closing retreat
- Three modules of six, two-hour sessions: fall, winter and spring
- A trusted small group that offers support and mentoring
- Experience with ancient and modern prayer practices, scripture study methods, and spiritual discernment assistance.

Curriculum Overview

- Opening Retreat: Spiritual Story
- Module 1: Communicating with God
- Module 2: Engaging in Scripture
- Module 3: Called to Ministry
- Closing Retreat: Crafting a Rule of Life



Principles behind the program: Deep Speaks to Deep

Discipleship floats on a sea of conversation. People come to our churches with their sacred yearnings. Into their outstretched hands, we place church responsibilities, theological statements, devotion to liturgy, interest in history or architecture, and perhaps a duty to service. These are not unimportant, but they can also distract people from God who is the source of their yearning and who is inviting them into a deeper, intimate relationship.

We have some of the most educated and competent business leaders in our parishes, capable of organizing complex and effective outreach ministries like soup kitchens and seniors care. But when they are asked to say grace, open a meeting with prayer, or explain their faith—even to their children—they feel anxious and uncertain.

Traditionally, Anglicans are formed spiritually through liturgy and private devotions. But these are not enough. We need to speak about the activity of God in our lives in small groups or with mentors in order for our experience of God to be integrated and form meaning.

As Archbishop Moon Hing said in the 2016 Lambeth report on discipleship: “To engage in this relationship and to follow Jesus, is the most challenging, the most beautiful, the most costly, the most rewarding journey we could ever choose to begin.”

ABOUT THE PROGRAM

Opening Retreat: Spiritual Story

The objective of this six-hour retreat is to develop trust within the group, an appreciation for God's gift of diverse personality temperaments, and an awareness of each participant's own spiritual story.

Module 1: Communicating with God

The objective is to expose participants to at least 10 prayer practices, including imaginative prayer, the examen, body prayers, labyrinth, icons, contemplation, and journaling, etc. Participants usually begin with little prayer experience outside the Sunday liturgy. By the end, leaders can lead public prayer and have a prayer life.

Module 2: Engaging in Scripture

The objective is to expose participants to four methods of using the Bible for spiritual formation, enabling them to lead short Bible meditations for church meetings. The four Bible study styles used are the inductive method, S.O.A.P., *lectio divina* and Ignatius Imaginative Method.

Module 3: Called to Ministry

The objective here is to reflect on significant topics of faith and deepen the participants' spiritual maturity. This module includes topics such as group spiritual direction, discernment, spiritual gifts, death & dying, forgiveness, creeds and belief statements, and spiritual leadership.

Closing Retreat: Rule of Life

The objective is to conclude with the crafting of a Rule of Life that orients participants as followers of Christ.

Learn more at ForwardMovement.org/Revive

A ministry of Forward Movement, Revive is part of RenewalWorks, which is committed to building cultures of discipleship in Episcopal congregations.